

**Contra-indications:**

**Total:** (These are where gymnastics activity should not be done).

* **Detaching Retina**
* **Confirmed Atlanto Axial Instability** (see documentation)
* **Rodded Back**

**Partial:** (This is where participation may be allowed but will be limited).

* **Dwarfism** (See documentation)
* **Brittle Bone Disease**
* **Pregnancy**

There are also a number of other conditions which are contra-indicated for gymnastics and it is necessary for the coach to have knowledge of disabilities and precautions should be taken to minimize risk.